

'Big Idea'

This is the way we wash our face,
wash our face, wash our face.
This is the way we wash our face.
Early in the morning.

Wash wash wash wash.
Wash wash wash.

This is the way we comb our hair,
comb our hair, comb our hair.
This is the way we comb our hair.
Early in the morning.

Comb comb comb comb.
Comb comb comb.

This is the way we brush our teeth,
brush our teeth, brush our teeth.
This is the way we brush our teeth.
Early in the morning.

Brush brush brush brush.
Brush brush brush.

This is the way we get dressed,
get dressed, get dressed.
This is the way we get dressed.
Early in the morning.

This is the way we go to school,
go to school, go to school.
This is the way we go to school.
Early in the morning.



Intended for Pre Schoolers	
Area of Learning	Activity
Personal social and emotional development	<p>This week we are thinking about preparing the children for starting school. Preparing for school can be as much about talking about feelings and emotions and understanding them as about being physically ready. See if you can think of some different ways you might be feeling right now such as excited, anxious, happy or sad and then think and talk about what makes you feel this way. You could think about how other people might be feeling too and how you can tell how they're feeling. Talking and listening and explaining that everyone has mixed emotions at different times can help to reassure everyone.</p>
Communication and Language	<p>Sing the song 'This is the way.....' And take turns to choose the action. Here are some ideas, about starting school to get you started...</p> <p>This is the way we walk to school, walk to school, walk to school, this is the way we walk to school on a weekday morning.</p> <p>This is the way we put on our uniform</p> <p>This is the way we carry our lunchbox</p> <p>This is the way we change for P.E</p> <p>This is the way we listen to others</p> <p>This is the way we put up our hand</p> <p>How many more can you think of? Who can think of the most?</p>
Physical development	<p>Can you practise getting dressed into your P.E kit? Can you then complete some warm up exercises and stretch your muscles, then can you think of some fun games to play? You could play football and practise kicking and dribbling a football, or maybe you could play tennis, maybe you could try catching and throwing a ball into a hoop. Afterward your P.E session can you practise taking of your P.E kit and putting it away safely into a P.E bag. This week can you practise using scissors, try and control the scissors and cut out some different shapes following the lines.</p>
Maths	<p>This week could you work on recognising numerals, can you find any numbers around your house and identify them correctly? Maybe when you are out and about you can look for some more numbers to identify.</p> <p>Can collect and count groups of objects up to 10 and then beyond 10, can you estimate/ guess how many objects you can see and then check by counting them.</p> <p>Can you practise saying the number that is one more than a given number, "what is one more than 10?"</p> <p>Can you find some "solid" 3D shapes and some "flat" 2D shapes? See if you can learn and remember what shapes are flat, or solid and which ones are 3D, or 2D.</p>
Literacy	<p>We have many stories in pre school that we read when we think about starting school. One that we often read is Topsy and Tim go tot school. Here's is a link to a video of the story.</p> <p>https://www.youtube.com/watch?v=WmNq_IezQAE.</p>
Understanding the world	<p>Starting school is a whole new experience for children but a great new experience too, talk to your child and see if they can remember other</p>

	<p>significant events that have happened to them? Birthday parties, weddings, starting preschool! Can they remember how they felt before these events? Was there anything they enjoyed about them? Starting school will be very similar, talk to them about any worries they have but most of all talk to them about how much fun they are going to have and how it is all part of growing up.</p>
Expressive arts and developments	<p>A great way to get your child ready for school is to role-play with them what will happen at school, they could pretend to be a teacher and take the register and read books to their teddies, or they could be the student and dress up in their uniform with their bag and lunch box. You could create an area with a desk and a chair with writing and drawing equipment. Or why not create a school scene with some of their toys, think about all the different activities they will be doing at school and see if they can recreate them, sitting at the table, playtime, lunchtime, meeting new people, story time. Make it as fun as possible!</p>
Adaption for younger children	
Personal social and emotional development Communication and Language Physical development	<p>https://www.cygnets.org.uk/apply-for-a-place-1</p> <p>There are many ideas and tips for preparing your child for Pre School on our website</p>